



SOLSTONE

HOLISTIC SPA

contents



wellness is a state of being

Solstone Holistic Spa invites guests to embark on a journey of renewal, connection and mindful well-being. Every detail has been thoughtfully designed to create an immersive wellness experience.

Your journey begins with a warm welcome and a fragrant cup of mint and cardamom tea, a traditional gesture of hospitality that invites a moment of pause. Before each treatment, guests are guided through a gentle cleansing ritual designed to release tension, calm the senses and ease the transition into a state of deep relaxation and renewal.

Inspired by ancient Hammam purification traditions, the warming environment encourages detoxification while preparing the body to receive the benefits of massage and body therapies, leaving skin radiant and the mind deeply refreshed.

The Journey

Solstone Holistic Spa invites guests to embark on a restorative journey of renewal, connection, and mindful well-being. Every detail has been thoughtfully designed to create an immersive wellness experience that nourishes body, mind, and spirit.

Arrival & Welcome Ritual

Your journey begins with a warm welcome and a fragrant cup of mint and cardamom tea, a traditional gesture of hospitality that encourages a moment of pause before entering the sanctuary of the spa. Surrounded by calming desert-inspired design and soothing aromas, guests are invited to slow their pace and prepare for a deeply restorative experience.

Purification Ritual

Before each treatment, guests participate in a gentle cleansing ritual designed to release tension and transition into a state of relaxation. Couples enjoy a ceremonial foot washing, while individual guests experience a warm aromatic hand bathing ritual infused with their choice of signature aromatherapy oil blends:

- Neroli – uplifting, calming, and emotionally restorative
- Geranium – balancing, harmonizing, and grounding
- Sandalwood – centering, meditative, and deeply soothing



Treatment Sanctuaries

Our private treatment rooms provide an intimate retreat where skilled therapists customize each experience to your individual wellness goals. Inspired by the natural elements of the desert, each space is designed to foster serenity, comfort, and complete relaxation. Couples and friends may also enjoy side-by-side treatments in our spacious accommodations created for shared wellness experiences.

Hamмам Experience

Inspired by ancient purification traditions, our Hammam experience offers a transformative cleansing steam ritual. The warming environment encourages detoxification while preparing the body to fully receive the benefits of massage and body therapies, leaving skin radiant and the mind deeply refreshed.

Relaxation Lounge

Following treatment, guests are encouraged to extend their experience in our peaceful Relaxation Lounge. Here, time slows as natural light, comfortable seating, and quiet surroundings create the perfect environment for reflection and restoration.

Desert Refreshments

As part of the Solstone experience, guests are invited to enjoy thoughtfully curated refreshments inspired by the region's traditions. Savor dates, dried apricots, figs, and seasonal offerings accompanied by freshly brewed herbal teas and a sweet taste of honey cake with fresh pear. These nourishing selections provide a gentle conclusion to your wellness journey while encouraging mindful presence and connection.

Wellness Studio

For those seeking a more active path to balance, our dedicated Wellness Studio offers opportunities for yoga, meditation, breathwork, stretching, and mindful movement. Whether joining a guided class or enjoying a private session, guests can deepen their wellness journey through practices that cultivate strength, flexibility, and inner calm.

Boutique & Retail Collection

Continue your wellness ritual at home with our curated retail collection featuring signature aromatherapy oils, self-care essentials, wellness products, ritual accessories, and spa-inspired gifts. Each item has been thoughtfully selected to help guests maintain a sense of balance and renewal long after their visit.

We are honored to carry ARCONA Skin Care, Jan Marini Skincare, Tara Spa Therapy, Adlan Fragrances and Antara by Zents and more.

A Lasting Ritual

Before departure, guests receive a thoughtful Palo Santo ritual gift as a reminder of their time at Solstone. More than a keepsake, it serves as an invitation to carry the intention, balance, and tranquility cultivated during the spa journey into everyday life.

At Solstone Holistic Spa, wellness is not simply a treatment—it is a journey of restoration, connection, and transformation inspired by the timeless beauty of the desert.



hammam journeys

Experience Solstone Holistic Spa, where timeless rituals meet modern luxury in a serene desert sanctuary. Discover a holistic, desert-inspired menu influenced by Hammam traditions and advanced skincare science. Each treatment is thoughtfully designed to purify, nourish, and restore balance to body and skin.

Rose Mint Retreat

100min \$395

Awaken your senses with the delicate harmony of rose and refreshing mint, beautifully infused throughout this rejuvenating ritual. Your experience begins with a gentle, full-body exfoliation to smooth, soften, and illuminate the skin. A luxurious foam massage follows, deeply cleansing the body while enveloping you in a cloud of soft, aromatic lather.

The journey concludes with a calming scalp ritual designed to ease tension and quiet the mind, leaving your skin supple, refreshed, and delicately scented.

Desert Renewal

80min \$325

Inspired by the healing elements of the desert, this restorative treatment begins with a purifying body brushing to prepare the skin. A soothing aloe vera wrap follows, delivering cooling hydration and calming nourishment. The experience concludes with the deep relief CBD massage designed to ease muscle tension and leave your body feeling restored and revitalized.

Traditional Hammam Journey

100min \$425

Begin your ritual with a soothing foot cleansing ceremony designed to ground the senses and invite deep relaxation. Your journey continues with a traditional black soap body cleanse, gently purifying and softening the skin. A mineral-rich salt exfoliation follows, buffing away dullness to reveal a renewed, radiant glow.

Relax in a warm restorative bath, allowing the body and mind to fully unwind, before concluding with a deeply nourishing argan oil massage. This luxurious full-body massage eases tension, replenishes moisture, and restores balance from head to toe.

experiences

Thoughtfully composed experiences that blend our most loved rituals into seamless journeys of deep relaxation and renewal.

Phoenix Journey

3hr \$625

A restorative experience designed to renew the body and skin. Enjoy our luxurious Radiance Ritual Massage that deeply cleanses and relaxes, followed by our Desert Hydration Facial to replenish moisture and leave your complexion soft and radiant.

The Ritual of Connection

4hr \$600 per person

A shared wellness experience designed to restore balance, deepen connection, and elevate the senses. Begin with a private yoga or breathwork session for up to four guests, inviting presence, grounding, and calm. Continue with a nourishing Argan oil massage to release tension and restore softness throughout the body, followed by a soothing Aloe wrap to hydrate and revitalize the skin. Conclude poolside with a curated mezze selection and chilled champagne, offering a moment to unwind, connect, and savor the experience together.

Couple's Sultan Escape

3.5hr \$725 per person

Our side-by-side experience for two featuring the traditional Hammam Journey to cleanse and refresh, followed by customized facials tailored to individual needs. Conclude with a tea ceremony featuring fresh organic fruits to nourish and welcome you gently back.



massage therapies

A curated collection of deeply restorative massage rituals designed to soften the body and awaken the senses. Each experience is elevated with your choice of sensual essential oil blends—Geranium, Neroli, or Sandalwood—allowing scent and touch to work in harmony. For a more minimal experience, non-scented, vegan, nut-free oils and lotions are available upon request.

Golden Signature Massage

80min \$295 | 100min \$365

Our bespoke massage experience tailored to your body's needs, seamlessly blending relaxation and therapeutic techniques. Enhanced with aromatic oils, this signature includes dedicated time focused on the scalp and feet to release tension, restore balance, and leave you deeply renewed.

Recommended for pre-natal in 2nd & 3rd trimester.

Radiance Ritual Massage

80min \$315 | 100min \$385

A cleansing and revitalizing body ritual inspired by ancient bathing traditions. Warm, velvety foam is layered over the body and paired with rhythmic massage and assisted stretching to release tension, soften the skin, and restore a renewed sense of wellbeing.

Desert Stone Massage

80min \$325

Heated stones are skillfully applied to melt away tension and ease muscular fatigue. This grounding treatment promotes circulation and invites a deep, full-body sense of calm.

Traveler's Recovery Massage

80min \$315

Designed to restore the body after long journeys, this treatment combines targeted compression and assisted stretching to relieve stiffness, improve mobility, and re-energize tired muscles.

Argan Massage

50min \$205 | 80min \$325

A nourishing, skin-softening massage using rich argan oil known for its restorative properties. This treatment deeply hydrates while promoting relaxation and a healthy, supple glow.

Recommended for pre-natal in 2nd & 3rd trimester.

Deep Relief Massage

50min \$195 | 80min \$285

A focused therapeutic massage enhanced with CBD to help ease chronic tension and support muscle recovery. Targeted techniques work deeply into problem areas to relieve discomfort and restore ease of movement.

Calm Mind Massage

50min \$195 | 80min \$285

A slow, flowing massage designed to quiet the mind and soothe the nervous system. Gentle, rhythmic movements encourage deep relaxation, helping to release stress and promote a sense of inner balance.

Recommended for pre-natal in 2nd & 3rd trimester.



body treatment enhancements

Enhance your body ritual with our signature treatment enhancements, thoughtfully designed to deepen relaxation and elevate your experience.

From restorative scalp and foot therapies to nourishing oils and sensory rituals, each addition reflects Solstone's distinctive approach to wellness, blending intentional touch, grounding elements, and indulgent care.

Discover the details that transform your treatment into a truly immersive escape.

Mineral Salt Ritual

50min \$185

An exfoliating treatment using mineral-rich desert salts and eucalyptus, peppermint, and rosemary essential oils to refresh and invigorate the skin.

Aloe Cocoon Wrap

50min \$185

A soothing, hydrating body wrap that calms the skin and restores natural moisture balance.

Desert Glow Polish

50min \$185

A warm vanilla orange exfoliation that buffs and brightens the skin for a radiant, sun-kissed glow.

facials

All 80-minute facials are thoughtfully elevated with one complimentary enhancement to enrich your ritual. Additional enhancements may be added for \$30 each to further personalize your experience and amplify results, with no additional treatment time required.

Choose from the Sonna LED Mask, Oxygen Infusion, Diamond-Tip Microdermabrasion, Hot and Cold Hammer Therapy, Ultrasonic Wave Treatment, or Microcurrent Sculpting.

Vitamin Radiance Facial

50min \$235 | 80min \$325

Restore luminosity to dull, tired skin with a gentle enzyme resurfacing treatment powered by potent antioxidants, vitamin C, and DMAE. Designed to visibly lift and firm, this revitalizing facial helps improve skin texture, even out tone, enhance clarity, and refine facial contours—revealing a healthy, radiant glow.

Desert Hydration Facial

50min \$225 | 80min \$315

Inspired by desert botanicals, this deeply replenishing facial uses rose-based ingredients and layered hydration techniques to quench dryness, improve elasticity, and leave skin supple and refreshed.

Gentleman's Ottoman Facial

50min \$220 | 80min \$310

A results-driven facial tailored to the unique needs of men's skin. Gentle enzyme resurfacing, deep cleansing, and precise extractions help reduce congestion and refine the complexion. Lactic and mandelic acids, antioxidants, and brightening technologies target uneven texture, redness, and hyperpigmentation, improving hydration, clarity, and balance.

The Gold Sculpt Facial

100min \$475

An advanced rejuvenating facial designed to visibly lift, firm, and refine the complexion. Gentle enzyme resurfacing is enhanced with retinol and salicylic acid to improve texture and clarity, while peptides and hydrating agents help smooth the appearance of fine lines. Antioxidants and vitamins nourish and soothe the skin, revealing a firmer, more sculpted, and luminous complexion.

To maximize results, your esthetician will thoughtfully select and incorporate **four targeted facial enhancements** based on your skin's individual needs.



enhancements

Elevate your treatment with our thoughtfully curated enhancements, designed to deepen relaxation, amplify results, and personalize your experience with Solstone's most restorative signature rituals.

Warm Oil Scalp Ritual

15 min \$40

Cooling Eye Treatment

15 min \$40

Foot & Heel Rescue

15 min \$40

Mineral Clay Back Mask

15 min \$40

Dry Brushing

15 min \$40

in-room wellness rentals

Continue your wellness journey beyond the spa with our curated in-room wellness rentals, featuring restorative tools designed to help you relax, recover, and recharge in the comfort of your own space.

Sleep Sanctuary

\$50/night

Weighted Blanket, Magnesium Sachet,
White Noise Machine

Recovery Reset

\$50/night

Massage Gun, Sheet Mask,
Electrolyte Sachet

Elevated Escape

\$50/night

Sonna LED Mask, Yoga Mat,
Adaptogen Drink

Mix and match

Choose up to three items
for \$50/night.

gather, celebrate, reconnect

Solstone Holistic Spa offers a unique setting for life's meaningful moments. Our group spa experiences are thoughtfully designed for:

- Bridal parties and wedding weekends
- Birthdays and milestone celebrations
- Girls' spa days and wellness gatherings
- Couples' retreats
- Corporate wellness retreats and team-building experiences
- Private wellness events and customized programs

Our dedicated team can create personalized itineraries that combine treatments, wellness activities, healthy refreshments, and exclusive access to spa spaces, delivering memorable experiences tailored to every group.

To book your private party, please email info@solstonespa.com

planning your journey

Spa Arrival & Etiquette

Please arrive at least 30 minutes prior to your service. Each service will start and end according to the time reserved. To accommodate all our guests as scheduled, late arrivals will receive the balance remaining in treatment time.

Mobile Devices

No cell phones are permitted to be used in the spa.

Cancellation Policy

Please provide 24-hour notice should you cancel an appointment. The full cost of services will be charged for cancellations within 24 hours or no-show appointments.

Age Requirements

We welcome those 18 years or older and may require proof of ID.

Expecting Mothers

Guests who are expecting must be at least 13+ weeks before receiving spa services.

Service Charge

All spa treatments are applicable to a 20% service charge (of which 18% is distributed to the staff and 2% is held by the hotel to offset administrative costs) and local tax of 9.1%.

Cashless

For your convenience, all on-property purchases and payments, including dining, retail, spa services, and resort experiences, may be made using all major credit cards, debit cards, contactless payments, or room charge. Cash is not accepted at the property or any property's outlets.

*All prices, services and hours of operation are subject to change without notification.
Holiday and peak season pricing will vary from prices listed.*



Book Your Treatment Today
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